Rudston. 1615.

An Almanacke and Prognostication, for the yeare of our Lord God.

1615.

Being the third after Leape yeare.

Calculated and referred to the Meridian and latitude of London, and may well serue for this whole Monarchie of Great Brittaine.

Wherevnto is added many necessary Rules, tables, and directions.

By Iohn Rudston Math.

LONDON,
Printed for the Companie of Stationers.

A Table of the foure Termes, & their returnes, or essoin daies, daies of exception, Returna breuium, and apparance. For this Yeare 1615.

Hillary Terme begins Ianu. 23. and ends Feb. 13. and hath foure returnes.

Return da.	Da. of essoin	Da. of ex.	Retur. bz.	Da. of ap.
Octab. Hillar.	Jan. 20	Jan. 21	Jan. 23	Janu. 23
Quind. Hillar.	Jan. 27	Jan. 28	Jan. 30	Janu. 30
Craſt. Purifi.	Feb. 3	Feb. 4	Feb. 6	Feb. 6
Octab. Purifi.	Feb. 9	Feb. 10	Feb. 11	Feb. 1

Easter Terme begins 26. Aprill, and ends May 22.

Quind. paſc.	Aprll 24	Aprll 24	Aprll 25	Aprll 26
Trespaſch.	May 1	May 1	May 2	May 3
Menſ. paſch.	May 8	May 8	May 9	May 10
Quinq; paſch.	May 15	May 15	May 16	May 17
Craſt. aſcen.	May 19	May 20	May 22	May 23

Trinitie Terme begins 9. Iune. and endes Iune 28.

Craſt. Trin.	June 5	June 6	June 7	June 9
Octab. Trin.	June 12	June 12	June 13	June 14
Quind. Trin.	June 19	June 19	June 20	June 21
Tres Trin.	June 26	June 26	June 27	June 28

Michael. Terme begins 9. of Octob. & ends Nouẽ. 28.

Octab. Mich.	Octob. 9	Octob. 7.	Octob. 9	Octob. 9
Quind Mich.	Octob. 13	octob. 14	octob. 16	octob. 16
Tres Micha.	Octob. 20	octob. 21	octob 23	octob. 23
Menſ. Mich.	Octob. 27	octob. 28	octob. 30	octob. 30
Craſt. anim.	Nouemb 4	Nouem. 6	Nouẽ. 6	Nouẽ. 7
Craſt. Mart.	Nouem. 13	nouẽ. 13	nouẽ. 14	noue. 15
Octab. Mart.	Noue. 18	nouẽ. 20	nouẽ. 20	noue. 21
Quind. Mart.	Noue. 25	nouẽ. 27	nouẽ. 27	noue. 28

The Common notes, and mouable feastes this present yeere of Grace. 1615.

Old Account vsed in England.	According to the	The new reformed Accompt vsed beyond Sea.
1	The Golden number	1
28	The Cickle of the Sunne	28
11	The Epact	1
13	The Roman Indiction	13
A	The Dominicall letter	D
19 of Febru.	Shroue sunday	1 of March
22 of Febru.	Ashwednesday	4 of March
9 of Aprill	Easter day	19 of Aprill
14 of May	Rogation sunday	24 of May
18 of May	Ascension day	28 of May
28 of May	Whitsunday	7 of June
30 of Decemb:	Aduent sunday	25 of Novemb,
8 weekes	The lesser distance betweén Christmas & shroue sunday	9. weeks 3. dayes.
25 weekes	the greater distáce betweén Trinity & Aduent sunday	24 weekes.

March 1	The foure feasts, or Ember daies.	11 of March
May 31		10 of June
Septem. 20		16 of Septem.
Decem, 20		16 of Decem.

Times prohibited from marriage, is from December the 4. day, to January 13. Againe, from January 30. to Aprill 16. Also from May 14. to the 4. of June.

bodie, as the parts thereof are gouerned of the 12. Signes in the Zodiacke.

Taurus **Necke and throat.**

Cancer **Breast, stomacke and ribs.**

Virgo **bowels and belly.**

Scorpio **Secret members.**

Capricornus **Knees.**

Aries **Head and face.**

Pisces **The feet.**

Gemini **Armes and houlders.**

Leo **heart and backe.**

Libra **Reines and loines.**

Sagitarius **Thighs.**

Aquarius **Legges.**

The signes Regiment, in foure memorative verses.

Aries head, Taurus necke; Gemini armes requires:
Cancer breast, Leo heart; Virgo wombe desires:
Libra loines, Scorpio secrets; Sagittary thighes:
Capricorn knees, Aquaries legs; Pisces feet supplies.

Now is't a time vnmeet to bleed,
Yet baths with counsell thou mayst vse:
It is not good to purge, sweat, bleed,
No Phisicke take, sweet drinkes refuse.

1	a	A new yeas day		13	3	59		
2	b	Oct. of Step.	gemi.	25	4	0		
3	c	Oct. of John	Canc.	7	4	1		
4	d	Oct. of Inno	canc.	19	4	2	● Full moon	
5	e	Edward depo	Leo.	1	4	3	the 4. day at	
6	f	Twelfe day.		14	4	5	11. of the	
7	g	Julian mart.	leo	26	4	6	clocke, & 21.	
8	a	Sun. aft. twe	Virg.	9	4	7	min. at night.	
9	b	Joice vir.	virg.	21	4	8		
10	c	Solin Aquari	Libr.	5	4	9		
11	d	Vinus Mart.	libr.	18	4	10		
12	e	Barr. temes	Scor.	1	4	11	☾ Last quar-	
13	f	Hillary bish.	scor.	15	4	13	ter the 12. day	
14	g	Felix priest.	scor.	29	4	14	at 2. of the	
15	a	2. sun. af. Tw	Sagi.	13	4	16	clocke after	
16	b	Marcellus.	sagi.	24	4	17	noone.	
17	c	Anthony.	Capr.	13	4	19		
18	d	Prisca vir.	capr.	28	4	20		
19	e	Wolstan bish.	Aqua.	13	4	22	● New	
20	f	Octabis Hilla	igna.	28	4	24	moone the 19	
21	g	Agnes vir	Pisce.	11	4	25	day at 5 of the	
22	a	3. sun aft. Tw	pisces	24	4	27	clocke, & 12.	
23	b	Terme begin	Aries.	8	4	29	minuts in the	
24	c	Timothy.	aries.	21	4	30	morning.	
25	d	Conu. Paul.	Taur.	3	4	32		
26	e	Policarp bish	taur.	15	4	34	☽ First quar-	
27	f	Quind. Hilar	taur.	27	4	36	ter the 26. day	
28	g	Valerius bish	Gem.	9	4	38	at 3. of the	
29	a	Septuagesim	gem.	21	4	39	clocke after	
30	b	Batild. Quee	Canc.	3	4	40	noone.	
31	c	Victor. & Ga.	canc.	15	4	42		

11	d	
12	e	
13	f	
14	g	
15	a	
16	b	
17	c	
18	d	
19	e	
20	f	
21	g	
22	a	
23	b	
24	c	
25	d	
26	e	
27	f	
28	g	
29	a	
30	b	
31	c	
Febr. 1	d	
2	e	
3	f	
4	g	
5	a	
6	b	
7	c	
8	d	
9	e	
10	f	

Milke, Fennish fowle, and phisicke flie,
Bath, but vse not Phlebotomie;
Take heed of cold, feed warilie,
Least agues breed thy miserie.

1	D	Briget	canc. 27	4	43		11	g
2	e	Purifi of A	Leo. 10	4	45		12	a
3	f	Crastino.pu	leo. 22	4	47	● Full Moon	13	b
4	g	Gilbert bish.	Virg. 5	4	49	the 3. day at 5	14	c
5	A	Sexagesimo.	virg. 18	4	51	of the clocke af-	15	D
6	b	Vedasti bish.	Libr. 1	4	53	ter noone.	16	e
7	c	Angle bish.	libr. 15	4	55		17	f
8	D	Paul bishop	libr. 28	4	58		18	g
9	e	Sol in pis &	Scor. 12	5	0		19	a
10	f	Octab. Puri.	scor. 26	5	2	☾ Last quarter	20	b
11	g	Eustace virg	Sag. 10	5	4	the 10. day at	21	c
12	A	Quinquages.	sagi. 26	5	6	10. of the clock	22	D
13	b	Lexme [illegible]	Capr. 9	5	8	after noone.	23	e
14	c	Valentine.	capr. 23	5	10		24	f
15	D	Julian virg.	Aqua. 8	5	13		25	g
16	e	Constance.	aqua. 22	5	15		26	a
17	f	Polichron b.	Pisc. 6	5	17	● New Moon	27	b
18	g	Simon bish.	pisc. 19	5	19	the 17. day at	28	c
19	A	Shrouesun.	Aries. 3	5	21	5. of the clocke	Bar.	D
20	b	Mildred vir.	aries. 16	5	23	52. minutes	2	e
21	c	69. Martirs	aries. 28	5	25	afternoone.	3	f
22	D	Ashwednesd.	Taur. 11	5	27		4	g
23	e	Ember week	taur. 24	5	29		5	a
24	f	Mathias Ap	Gemi. 5	5	31		6	b
25	g	Victorine	gemi 17	5	33	☽ Last quarter	7	c
26	A	1. sun. in Le.	gemi. 29	5	35	the 25. day at	8	D
27	b	Augustin bi.	Canc. 11	5	38	high noone.	9	e
28	c	Oswald bish	canc. 23	5	40		10	f

Humors this month in man abound,
Let foode therefore be choyse and sound:
No Phisicke take, ne purge or bleed,
But by learn'd Counsell, and good heed.

1	d	Dauid bish.	Leo.	5	5	42		11	g
2	e	Chadde	leo	10	5	44		12	a
3	f	Maurice	Vir.	1	5	46		13	b
4	g	Adrian	vir.	21	5	48	● Full moon	14	c
5	a	2 sun. in lent	vir.	27	5	50	the 5 day at 7	15	d
6	b	Vict.	Libr.	11	5	52	of the clock in	16	e
7	c	Perpe. & Fe.	libr.	25	5	54	the morning.	17	f
8	d	40. Martirs	Scor.	9	5	56		18	g
9	e	Agapit vir.	scor.	23	5	58		19	a
10	f	Sol in Aries	Sagi.	8	6	0		20	b
11	g	Attalus	sagi.	22	6	2	☾ Last quar-	21	c
12	a	3. su. in lent	Capr.	5	6	4	ter the 12.	22	d
13	b	Theodore	capr.	20	6	6	day at 5. of ỹ	23	e
14	c	Candi. mar.	Aqua.	4	6	8	clocke in the	24	f
15	d	Longinus	aqua.	18	6	10	morning.	25	g
16	e	Gertrude	Pisces	2	6	12		26	a
17	f	Patricke	pisces	15	6	14		27	b
18	g	Edward Kin	pisces	29	6	16	● New	28	c
19	a	Violent sun.	Aries	11	6	18	moone the 19	29	d
20	b	Cuthert	aries	24	6	20	day, at 6. of	30	e
21	c	Benedictus	Taur.	7	6	22	the clocke in	31	f
22	d	Paulinus	taur.	13	6	24	the morning.	April.	g
23	e	Theodor.	Gemi.	1	6	26		2	a
24	f	Ann. Reg. Ia.	gemi.	13	6	28		3	b
25	g	Anun. Mary	gemi.	29	6	30	☽ First	4	c
26	a	Passion sun.	Canc.	7	6	32	quarter the 7	5	d
27	b	Martian	canc.	19	6	34	day, at 7. of	6	e
28	c	Dorothy vir	Leo.	1	6	36	the clocke in	7	f
29	d	Victorie	Leo	13	6	38	the morning	8	g
30	e	Quintine	Leo	25	6	39		9	a
31	f	Adelme bish	Virg.	9	6	41		10	b

Nature now resum'th her power,
Pores opened are, and blood encreaſe:
Therefore this month doth beare the flower,
To cure by Phiſicke thy diſeaſe.

1	g	Theodor. vir.	Virgo.	22	6	42		11	c
2	a	Palme ſund.	Libra.	5	6	44		12	d
3	b	Richard biſh.	libr.	19	6	46	☽ Full moon	13	e
4	c	Ambroſe b. ſ.	Scor.	4	6	48	the 3. day at	14	f
5	d	Martian mar	ſcor.	15	6	50	6. of ỳ clocke	15	g
6	e	Sextus.	Sagi.		6	52	& 30. minuts	16	a
7	f	Euphemia.	ſagi.	18	6	54	after noone.	17	b
8	g	Egiſippus	Capr.	2	6	56		18	c
9	a	Eaſter day.	capr.	17	6	58		19	d
10	b	☉ in Taurus	Aqua.	1	7	0	☾ Laſt quar-	20	e
11	c	Guthlacus.	aqua.	15	7	2	ter the 10. day	21	f
12	d	Tibur. & Va.	aquar.	29	7	4	at 10. of the	22	g
13	e	Zenon biſh.	Piſce.	12	7	6	clocke before	23	a
14	f	Iſidore	piſces.	24	7	8	noone.	24	b
15	g	Oſwald	Aries.	8	7	9		25	c
16	a	Low ſunday	aries.	21	7	11		26	d
17	b	Anicete pa.	Taur.	13	7	13	● New moon	27	e
18	c	Eleuthery bi.	taur.	15	7	14	the 17. day	28	f
19	d	Alphege mar.	taur.	28	7	16	at 3 quarters	29	g
20	e	Victor biſh.	Gemi.	10	7	18	of an howre	30	a
21	f	Julian vir.	gemi.	22	7	19	paſt 8. of the	May. 1	b
22	g	Gother.	Canc.	3	7	21	clock at night.	2	c
23	a	S. George	canc.	15	7	23		3	d
24	b	Quind. Paſch	can.	27	7	24		4	e
25	c	Marke Euan	Leo.	9	7	26	☽ Firſt quar-	5	f
26	d	Terme begin.	leo.	21	7	28	ter the 25.	6	g
27	e	Blue Fryer	Virg.	4	7	30	day at mid-	7	a
28	f	Germane biſh	virg.	17	7	31	night.	8	b
29	g	Peter.	Libr.	0	7	32		9	c
30	a	3. ſu. aft. Eaſt	libra	13	7	34		10	d

Take Physicks ayde for malady,
Vse Sage thy drinke to qualifie:
Rise early, trauerse pleasantly,
The feildes that smell most fragrantly.

1	b	May day	libr. 28	7 35		11	e	
2	c	Athanasius	Scor. 12	7 37	● Full	12	f	
3	d	Inuen. crucis	scor. 27	7 39	moone the 3.	13	g	
4	e	Christopher	Sagi. 12	7 40	day 3. quar-	14	a	
5	f	Goddard bish	sagi. 27	7 41	ters of an	15	b	
6	g	John portlat	Capr. 12	7 43	houre past 3.	16	c	D
7	a	Caritate	capr. 27	7 45	in the morn-	17	d	
8	b	Mense Pasch	Aqua. 11	7 47	ing.	18	e	
9	c	Tran. Mich	aqua. 25	7 48		19	f	
10	d	Gordian	Pisces 9	7 50	☾ Last quar-	20	g	
11	e	Sol in Gemi	pisces 22	7 51	ter the 9. day	21	a	
12	f	Pancratius	Aries. 5	7 53	at 6. of the	22	b	
13	g	Seruatius	aries. 17	7 55	clocke after	23	c	
14	a	Rogation su.	Taur. 0	7 56	noone.	24	d	
15	b	Quin. Pasch	Taur 12	7 57		25	e	
16	c	Brandan bi	taur. 24	7 58		26	f	
17	d	Trans. Ber.	Gemi. 6	8 0	● New	27	g	
18	e	Ascension da	gemi. 18	8 1	moone the 17	28	a	
19	f	Craft. Ascen.	Canc. 0	8 2	day at 9 of the	29	b	
20	g	Barnardine	canc. 12	8 3	clocke before	30	c	
21	a	Hellen qu.	canc. 24	8 4	noone.	31	d	
22	b	Terme ende	Leo. 6	8 4		June	e	
23	c	Desiderius	leo. 18	8 5		2	f	
24	d	Adelme bish	Virg. 0	8 6		3	g	
25	e	Augustine	virg. 12	8 6	☽ First quar-	4	a	
26	f	Bede priest.	virg. 25	8 7	ter the 25.	5	b	
27	g	Germane	Libra 8	8 8	day at 2 of the	6	c	
28	a	Whitsunday	libra 22	8 8	clocke after	7	d	
29	b	Maximine	Scor. 6	8 9	noone.	8	e	
30	c	Felix bish.	scor. 20	8 9		9	f	
31	d	Ember wee	Sagi. 5	8 10		10	g	

This Month bids spices hote adue,
Coole meats and hearbs are now the best,
To bathe, purge, bleed, do now eschew,
If you do loue your health and rest.

1	e	Nichomede	Sagi.	20	8	10	●	Full	11	a
2	f	Marcellus.	Capr.	5	8	10	Moone the	1	12	b
3	g	Erasmus	capr.	21	8	11	day at	11. of	13	c
4	a	Trinity sun.	Aqua.	6	8	11	the clocke, &		14	d
5	b	Crastino tri.	aqua.	21	8	12	30. minutes		15	e
6	c	Claudius.	Pisces	5	8	12	before noone.		16	f
7	d	Molston tran.	pisce.	18	8	12			17	g
8	e	Corpus Christ	Aries.	2	8	13	☾	Last	18	a
9	f	Terme begin	aries.	15	8	13	quarter the	8	19	b
10	g	Getulie.	aries.	27	8	13	day at	2. of	20	c
11	a	Bar sol in Ca.	Taur.	9	8	13	the clocke in		21	d
12	b	Octa trinitatis	taur.	21	8	13	the morning.		22	e
13	c	Anthony.	Gemi.	3	8	13			23	f
14	d	Basil bishop	gemi.	15	8	13			24	g
15	e	Vite	gemi.	27	8	12	●	New	25	a
16	f	Trans. Rich.	Canc.	9	8	12	Moone the		26	b
17	g	Botolph.	canc.	21	8	12	16 day at	1.	27	c
18	a	2 su. af. Trini	Leo.	3	8	12	of the clocke,		28	d
19	b	Quind. Trinit	leo.	15	8	11	and 41. mi-		29	e
20	c	Trans. Edw.	leo.	21	8	11	nutes in the		30	f
21	d	Maldur vir.	Virgo	9	8	11	morning.		July.	g
22	e	10000. Mar.	virgo	21	8	10	☽	First	2	a
23	f	Ethelr. fast.	Libr.	4	8	10	quarter the		3	b
24	g	Iohn Bap.	libr.	17	8	9	24. day at	2.	4	c
25	a	3 sun. af Tri.	Scor.	0	8	9	of the clocke		5	d
26	b	Tres Trinitatis	scor.	14	8	8	in ye morning		6	e
27	c	Crescent.	scor.	28	8	7	●	Full	7	f
28	d	Terme ends.	Sagi.	12	8	6	Moone ye last		8	g
29	e	Peter. Ap.	sagi.	28	8	5	day at	7. of	9	a
30	f	Com. of Paul	Cap.	14	8	4	the clocke af-		10	b
							ter noone.			

In Iune what is prescrib'd for health,
Accordeth best with Iulies heat:
Coole baths to wit in christall streames,
Coole hearbs likewise, and coolest meat.

1	g	Oct. Joh Bap.	Capr. 29	8	4		11	e
2	A	4. sun. aft. Tri.	Aqua. 14	8	3		12	D
3	b	Trans. of Tho.	aqua. 29	8	2		13	e
4	c	Trans. of Mar.	Pisce. 13	8	1		14	f
5	d	Zoe virgin.	pisces. 27	8	0		15	g
6	e	Oct. Pet. & P.	Aries. 10	7	59		16	a
7	f	Martiall.	aries. 23	7	58	☾ Last	17	b
8	g	Depo. Grim.	Taur. 6	7	57	quarter the	18	c
9	A	5. sun. af. Trin.	taur. 18	7	56	7. day at 2.	19	D
10	b	7. Fratres.	Gemi 1	7	55	of the clocke	20	e
11	c	Trans. Bened:	gemi. 12	7	54	after noone.	21	f
12	d	Nab. & Felix.	gemi. 24	7	52		22	g
13	e	Sol in Leo	Cancer 6	7	51		23	a
14	f	Reuell.	canc. 18	7	49		24	b
15	g	Tr. Swithin.	canc. 29	7	47	● New	25	c
16	A	6. sun. aft. Tri.	Leo. 12	7	45	Moone the	26	D
17	b	Tr. Osmond.	leo. 24	7	43	15. day at 5	27	e
18	c	Arnolph bish.	Virg. 6	7	41	of the clocke	28	f
19	d	Ruf. & Just.	virg. 19	7	40	after noone.	29	g
20	e	Dog days beg.	Libra. 1	7	39		30	a
21	f	Praxed virgin	libra. 14	7	38		31	b
22	g	Mary Magdal	libra. 27	7	36		Augu	c
23	A	7. sun. aft. Tri.	Scor. 10	7	35	☾ First	2	D
24	b	Christian	scor. 24	7	33	quarter the	3	e
25	c	S. James Apo	Sagit. 8	7	31	23. day at	4	f
26	d	Anna.	sagit. 22	7	29	noone.	5	g
27	e	Seuen sleepers	Capr. 7	7	28	● Full	6	a
28	f	Sampson bish.	capr. 22	7	26	Moone the	7	b
29	g	Initiũ Reg. Scot	Aqua. 7	7	25	30. day at 2	8	c
30	A	8. sun. aft. Tri.	aqua. 22	7	23	of the clocke	9	D
31	b	Germane.	Pisc. 7	7	22	in ye morning	10	e

This month the Dogs ſtarre violently
Doth heat the blood, and humors fry;
No Phiſicke, or Phlebotomy
Helpes now, but breeds infirmity.

1	c	Lammas day	Aries.	21	7	21		11	f	
2	d	Steuen biſh.	Aries.	5	7	20		12	g	
3	e	Inuent. ſtep.	Aries.	18	7	18		13	a	
4	f	Ariſtarchus	Taur	1	7	16		14	b	
5	g	Gowrins cõ	Taur.	14	7	15	☾ Laſt quar-	15	c	
6	a	9. fun. aft. tri.	Taur.	28	7	14	ter the 5. day	16	d	
7	b	Feſt. Jeſu.	Gemi.	12	7	12	at 7. of the	17	e	
8	c	Tiriacus	gemi.	20	7	11	clocke after	18	f	
9	d	Roman mar,	Canc.	2	7	9	noone.	19	g	
10	e	Laurence ma	canc.	14	7	7		20	a	
11	f	Tiburt mart.	canc.	26	7	6		21	b	
12	g	Clare virgin	Leo.	8	7	4		22	c	
13	a	10. ſun. af. tri	leo.	21	7	2		23	d	
14	b	Sol in virgo.	Virg.	4	7	0	● New	24	e	
15	c	Aſum, of Ma.	vir.	16	6	58	moone the 14	25	f	
16	d	Roch Wert.	virgo.	28	6	56	day at 5. of	26	g	
17	e	Octa. Laur.	Libra.	11	6	54	the clocke af-	27	a	
18	f	Agapete.	libr.	24	6	52	ter noone.	28	b	
19	g	Magnus ma	Scorp.	7	6	50		29	c	
20	a	11 ſun. af. tri.	Scor.	21	6	48		30	d	
21	b	Bernard ab.	Sagi.	4	6	46	☽ Firſt quar-	31	e	
22	c	Octa. aſſump	sagi.	18	6	44	ter the 21. day	Sept.	f	
23	d	Timoth. fall	Capr.	2	6	42	at 6. of the	2	g	
24	e	Bartho. Ap.	capr.	17	6	40	clocke after	3	a	
25	f	Lodouicke.	Aqua.	2	6	38	noone.	4	b	
26	g	Zephon ma.	aqua.	16	6	37		5	c	
27	a	12 ſun. af. tri	Pisces	5	6	35	● Full moon	6	d	
28	b	Dog days en	pisc.	15	6	33	the 28. day at	7	e	
29	c	Decol. Joh.	pisc.	29	6	31	10. of ỳ clock	8	f	
30	d	Felix.	Aries.	13	6	29	ỳ 30 minuts	9	g	
31	e	Cuthert.	aries.	26	6	27	before noone.	10	a	

Ripe fruits but sound in measure eate,
Now spice you may vse with your meate:
Now Dog daies gone, bathe, purge, and bleed,
And phisicke take, if that you need.

1	f	Gyles Abbot.	Taur	9	6	24		11	b	
2	g	Anchony M.	taur.	22	6	22		12	c	
3	A	13. su. ak. tri	Gemi	4	6	20		13	d	
4	b	Transf. of C	gemi.	16	6	18	☾ Last quar	14	e	
5	c	Birtini	gemi	28	6	16	ter the 4. day	15	f	
6	d	Eugenius	Canc.	10	6	14	at 11. of the	16	g	
7	e	Nat. B. Mary	canc	22	6	12	clock at night	17	a	
8	f	Mat. of mar.	Leo	4	6	9		18	b	
9	g	Siluius	leo	16	6	7		19	c	
10	A	14. sũ. ak. tri.	leo:	29	6	4		20	d	
11	b	Prot. & Hia.	Vir.	11	6	2		21	e	
12	c	Martian.	vir.	24	6	0	● New	22	f	
13	d	☉ in Libra	Libr.	7	5	58	moone the 12	23	g	
14	e	Exalt. trucis	libr.	24	5	56	day at 10. of	24	a	
15	f	Oct. of mart.	Scor.	4	5	54	the clocke af-	25	b	
16	g	Edith virgi.	scor.	18	5	53	ter noone.	26	c	
17	A	15. su. ak. tri.	Sagi.	1	5	51		27	d	
18	b	Nict. & Cor.	sagi.	15	5	50		28	e	
19	c	Januari. bish	Capr.	0	5	48	☽ First quar-	29	f	
20	d	Ember weeke	capr.	14	5	46	ter the 19. day	30	g	
21	e	Matthew Ap	capr.	28	5	44	at 11. of the	Octo.	a	
22	f	Mauritius.	Aqua	12	5	43	clock at night	2	b	
23	g	Tecla virgin	aqua	27	5	41		3	c	
24	A	16. su. ak. tri.	Pisce.	11	5	39		4	d	
25	b	Firmaine.	pisces	25	5	37		5	e	
26	c	Cipian mar	Aries	8	5	35	● Full	6	f	
27	d	Colm.	aries	21	5	33	moone the 26	7	g	
28	e	Eurip. fat	Taur.	4	5	31	day at 9. of the	8	a	
29	f	Michael Ar	taur.	17	5	29	clock at night	9	b	
30	g	Jerom priest	taur.	29	5	27		10	c	

With good hote brothes, and veſtures warme,
From cold thy bodie keepe,
Good ſtore of food will do no harme,
Drinke old good wines, and largely ſleepe.

1	a	17.ſu aft.tri	Gemi.12	5	24		11	d	
2	b	Leodagar bi.	gemi. 24	5	23		12	e	
3	c	Candis mar	Canc. 7	5	21		13	f	
4	d	Francis con.	canc. 18	5	19	☾ Laſt quar-	14	g	
5	e	Apolinaris	canc. 29	5	17	ter 4. day at	15	a	
6	f	Octa. Micha.	Leo. 12	5	15	7. of the clock	16	b	
7	g	Marc.& Ma	leo. 24	5	13	at night.	17	c	
8	a	18.ſu.aft.tri.	Virg. 6	5	11		18	d	
9	b	Cerm begin	vir. 19	5	8		19	e	
10	c	Geret & vict.	Libr. 2	5	6		20	f	
11	d	Michaelmas v.	libr. 15	5	4		21	g	
12	e	Calixt.	libra. 29	5	2	● New	22	a	
13	f	Quind Mich	Scor. 13	4	59	moone the 12.	23	b	
14	g	Solin Scorp.	scor. 27	4	56	day at 11. of	24	c	
15	a	19.ſu.aft.tri.	Sagi. 12	4	54	the clocke be-	25	d	
16	b	Mich.moun	sagi 26	4	52	foze noone.	26	e	
17	c	Etheld. faſt	Capr. 10	4	50		27	f	
18	d	Luke Euan	capr. 25	4	48		28	g	
19	e	Frideſwide	Aqua. 9	4	46	☽ Firſt quar-	29	a	
20	f	Tres Micha.	aqua. 21	4	44	ter 19. day at	30	b	
21	g	11. Mar.vi.	Pisc. 7	4	43	5. of the clock	31	c	
22	a	20.ſu.aft.tri	pisces.22	4	41	in ỹ mozning.	Nouē	d	
23	b	Roman Arch	Artes. 4	4	39		2	e	
24	c	Magloty.	aries.17	4	38		3	f	
25	d	Crispin.	Taur. 1	4	36		4	g	
26	e	Vrſula vir.	taur. 13	4	34	○ Full	5	a	
27	f	Menſe Mich.	taur. 26	4	33	moone the 26	6	b	
28	g	Simon & Iu	Gem. 8	4	31	day at 11. of	7	c	
29	a	21 ſu. af. tri.	gem. 20	4	30	the clocke be-	8	d	
30	b	Germane.	Can. 2	4	28	foze noone.	9	e	
31	c	Quintin. faſt	can. 14	4	27		10	f	

Now in thy cates vse Spicery,
But vse ye no Phlebotomy:
For Winters cold extremity,
Thereby may breed infirmity?

1	d	All Saints	canc.	26	4	26		11	g
2	e	All soules	Leo.	8	4	24		12	a
3	f	Crastino An	leo.	20	4	22	☾ Last quar.	13	b
4	g	Amantius	Virgo.	2	4	21	ter the 3. day	14	c
5	A	Poudertrea	virgo.	14	4	20	at 2. of the	15	D
6	b	Faith virgin	virgo.	27	4	18	clocke after	16	e
7	c	Wilbrode	Libr.	10	4	17	noone.	17	f
8	d	4 Crowned.	libr.	23	4	15		18	g
9	e	Theodore	Scor.	7	4	13		19	a
10	f	mar. B. of R.	scor.	22	4	11	● New	20	b
11	g	Sol in Sagit.	Sagi.	6	4	10	moone the 10	21	c
12	A	23. sn. aft. tri	sagi.	21	4	8	day at 11. of	22	D
13	b	Crastino. m.	Capr.	6	4	7	the clocke at	23	e
14	c	Erkinwald	capr.	21	4	6	night.	24	f
15	d	Macute	Aqua.	5	4	5		25	g
16	e	Edmund ar	aqua.	20	4	4		26	a
17	f	Hugh bishop	Pisces.	4	4	3	☽ First quar-	27	b
18	g	Oct Marti.	pisces.	18	4	2	ter the 17. day	28	c
19	A	24. sun aft tri	Aries.	1	4	1	at 2. of the	29	D
20	b	Edmund R.	aries.	14	4	0	clocke after	30	e
21	c	Pres. Mart.	aries	27	3	59	noone.	Dice	f
22	d	Cicely vir.	Taur.	10	3	58		2	g
23	e	Clement	taur.	23	3	57		3	a
24	f	Grisogoni.	Gemi.	5	3	56		4	b
25	g	Quind. Mar.	gemi.	17	3	55	○ Full	5	c
26	A	25 sun. af. tri	gemi.	29	3	54	moone the 25	6	D
27	b	Agricola.	Canc.	11	3	53	day at halfe an	7	e
28	c	Terme end	canc.	23	3	52	houre after 3.	8	f
29	d	Saturn Fast	Leo	4	3	51	in ye morning.	9	g
30	e	Andrew Ap	leo	16	3	50		10	a

Let Paſſions abſence mind ſecure,
Let warmth thy bodies health procure,
Then bodies health, mind tranquilliz'd,
Will deeme his ſtate emparadiz'd.

1	f	Loy biſhop	Leo.	28	3	50		11	b
2	g	Libanus	Virgo.	10	3	50		12	c
3	A	Aguent ſund.	virg.	23	3	49	☾ Laſt quar-	13	d
4	b	Babara vir.	Libr.	5	3	49	ter the 3. day	14	e
5	c	Sabba aba.	libr.	18	3	48	at 9. of the	15	f
6	d	Nicholas bi	Scor.	1	3	48	clocke before	16	g
7	e	Oct. Ambro.	scor.	15	3	48	noone.	17	a
8	f	Caon. of mar	scor.	29	3	47		18	b
9	g	Cipian ab.	Sagi	14	3	47		19	c
10	A	1 ſun. in Ad.	sagi	29	3	47	● New	20	d
11	b	Damaſus.	Capr.	14	3	47	moone the 10.	21	e
12	c	Sol in Capri	Aqua.	0	3	47	day at halfe an	22	f
13	d	Lucie virgin	Aqua	14	3	47	houre paſt 10	23	g
14	e	Nichie virg.	aqua,	29	3	47	in ỹ morning.	24	a
15	f	Valeri. biſh	Piſce	14	3	48		25	b
16	g	O ſapientia	piſces	28	3	48		26	c
17	A	2 ſun. in ad	Aries	11	3	48	☽ Firſt quar-	27	d
18	b	Barnar nine.	aries	24	3	48	ter the 17. day	28	e
19	c	Geneſi. mar.	Taur.	7	3	49	at 1. of the	29	f
20	d	Ember week	taur.	20	3	49	clocke in the	30	g
21	e	S. Tho. Ap.	Gem.	2	3	49	morning.	31	a
22	f	Deliverius	gemi.	14	3	50		Ianu	b
23	g	Victor virg.	gemi.	26	3	50		2	c
24	A	Clandy. faſt	Canc.	8	3	51	● Full	3	d
25	b	Chriſtmas d.	canc.	20	3	52	moone the 24	4	e
26	c	S. Stephen	Leo	2	3	53	day at 10. of	5	f
27	d	S. John,	leo	14	3	54	the clocke at	6	g
28	e	Innocents.	leo	25	3	55	night.	7	a
29	f	Tho. Becket	Vir.	7	3	56		8	b
30	g	Tranſ. of Ja.	virg.	19	3	57		9	c
31	A	Siluester bi.	virg.	2	3	58		10	d

Rudstone. 1615.

A Prognostication for the yeere of our Lord GOD. 1615.

Deduced from the Positions, and variable mixtures of the Rayes of the supreame and luminous bodies on this opacous Globe of the Earth.

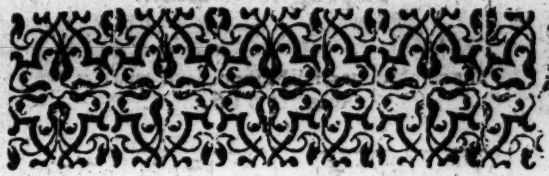
By *Thomas Rudstone*, Philomathem.

Whereunto are annexed many Tables, and Directions, not heretofore published by any.

Profitable and Delectable.

Imprinted at London for the *Companie of Stationers*.

1615.



¶ For as much as thoſe that trauell long Voyages are a long time out, ſo that they may haue occaſion to vſe an Almanake for the ſpace of two or three yeares: I thought it not impertiment to ſet downe the Common notes and moueable feaſts as alſo the new Moones, Fuls, and Quarters of the Moone for two yeares to come after the precedent Almanacke be expired.

The common notes, and moueable Feaſts, Anno Dom. 1616. being leap yeare.

2	The golden number.	2
1	The circle of the Sunne.	1
22	The Epact.	12
14	The Roman Induction.	1
G. F.	The Dominicall Letter.	C. B.
11 of Fe.	Shroue ſunday.	14 of Februarie.
14 of Fe.	Aſhwedneſday.	17 of Febru.
31 of Ma.	Eaſter day.	3 of Aprill.
5 of May.	Rogation Sunday.	8 of May.
9 of May.	Aſcention day.	12 of May.
19 of M.	Whitſunday.	22 of May.
27 of No.	Advent ſunday.	1 of Decem.

A prognostication.

The new Moones, full Moones, and quarters, Anno. 1616.

	Ianu.	Febru.	March.	Aprill.	May.	Iune.
New ☽	8. 7. 9.	7. 7. 7. a	7. [illegible] 36. p	6. 3.43. a	4. 3.34. a	3.5.22. p
1 Quar.	15.3.46. p	14.8.36. a	15.3.16. a	13.9.40. p	12 6.55. a	11.9. 8. p
Full ☽	23.5. 6. p	22.0. 6. p	23.3.48. a	21.4.41. p	19.1. 9. p	18.6.40. p
Last qu.	31.3.38. p	29.12. 0. p	30.8. 7. a	28.1. 0. p	26.1.13. a	25.9.31. p
	D. H. M.	D. H. M.	D. H. M.	D. H. M.	D. H. M.	D. H. M.

	Iuly.	Augu.	Septem.	October.	Nouem.	Decem.
New ☽	3.5.22. p	2. 10. 0. a	1. 1. 0. a.			
1. Quar.	11. 9. 8. p	10.9.36. a	8. 6. 50. p	8. 2. 56. a	6. 9. 17. a	5. 5. 3. p
Full ☽	18.6.40. p	17. 2.12. a	15. 10. 8. a	14.7.23. p	13.7. 5. a	12.11.49. p
Last qu.	25.11.31. a	23. 9.30. p	22. 2. 18. p	22.9. 25. a	21. 7.28. a	21. 5.31. a
New ☽			30. 4. 30.	30.10.21. a	28.11.19. p	28. 0.31. p
	D. H. M.	D. H. M.	D. H. M.	D. H. M.	D. H. M.	D. H. M.

Here

Heere note, that in this table the moneths are set at the head, the Aspects or changes of the moone in the first margent collome to the left hand, and the day, howre, and minute, in the other collome belonging to each moneth, as by the Table appeareth: And if there chance to be two Aspects of one sort to fall within one moneth, then hath that moneth, one note more, which for conuenience giueth occasion of blancks in the collomes before, and after as you may see in this Table before: The like order is obserued in the table of the Aspects of the Moone, for the yeare 1617. hereafter following.

The common Notes and moueable Feasts for the yeare 1617. being the first after Leape yeare.

3	The golden number.	3
2	The circle of the Sun	2
3	The Epact.	23
15	The Roman Indiction.	15
E	The Dominicall Letter.	A
2 of March.	Shroue sunday.	5 of Febuary.
5 of March.	Ashwednesday.	8 of Febuary.
20 of Aprill.	Easter day.	26 of March.
25 of May.	Rogation Sunday.	30 of Aprill.
29 of May.	Ascention day.	4 of May.
8 of June.	Whitsonday.	14 of May.
30 of No.	Aduent Sunday.	3 of December.

The new Moones, full Moones, and quarters. Anno. 1617.

	January.	February.	March.	April.	May.	June.
First qu.	4. 5. 3. a	2. 3. 51. p	4. 4. 49. a	2. 7. 38. p	2. 11. 49. a	1. 4. 51. a
Full ☽	11. 6. 13. p	10. 1. 20. p	12. 7. 29. a	10. 11. 33. p	10. 1. 31. p	9. 1. 15. a
Last qu.	17. 7. 29. a	18. 3. 45. p	20. 4. 17. a	18. 2. 4. p	17. 6. 40. p	15. 10. 54. p
New ☽	27. 1. 0. a	25. 10. 17. a	26. 6. 55. p	25. 4. 55. a	24. 0. 44. p	22. 11. 18. p
	D. H. M.	D. H. M.	D. H. M.	D. H. M.	D. H. M.	30. 10. 3. p
						D. H. M.

	July.	August.	September	October.	November.	December.
Full ☽	9. 11. 11. a	6. 7. 44. p	5. 3. 33. a	4. 0.	2. 10. 9. p	2. 9. 48.
Last Qu.	15. 2. 49. a	13. 9. 50. a	11. 8. 0. p		10. 2. 23 a	9. 19. 48.
New ☽	22. 11. 43. a	21. 2. 16. a	19. 6. 9. p	24. 5. 11. a	18. 6. 20. a	17. 11. 20.
First Qu.	30. 2. 34. p	29. 5. 51. a	25. 7. 0. a		25. 5. 9. p	25. 1. 0.
Full ☽	D. H. M.	D. H. M.	D. H. M.	D. H. M.	D. H. M.	31. 11. 33.
						D. H. M.

Eclipses

Eclipſes 1616.

There will be 4. Eclipſes preſented to the view of the Earths Inhabitants, howbeit one onely viz. of the ☽ will appeare vnto this parts which will beginne at 19. minutes after midnight, and be at her greateſt obſcuritie at 2. of the clocke, and xii. minutes, being then Eclipſed. 14. points and one halfe. And end at 4. of the clocke and 4. minutes in the morning of the 15 day of Auguſt.

Eclipſes 1617.

OF 5. Eclipſes, one alſo and that of the Moone will appeare vnto vs in our Horizon, which will beginne at 5. of the clocke and 50. minutes after noone, at her greateſt obſcuritie at 7. of the clocke and 44. minutes, being then darkned to the quantity of 16. digits, and ending at 9. of the clocke and 36. minutes after noone, the firſt day of Auguſt this yeare 1617.

Inſtructions for the vſe of the precedent Notes and Tables.

THe Dominicall Letter being found by the precedent note for your yeare, going therewith downe the Colome of the weeke dayes, and Dominicall Letters noted in the Almanacke, vpon ſuch daies of each moneth as you ſhall find the Dominicall letter is, are Sundaies, whereby you may haue the Sundaies through the yeare. And for the holy dayes fixed, they alwaies fall vpon the ſame day of the moneth one yeare as another: And for the moueable holidaies, or Feſtivalls, they are noted amongſt the common notes of each year, which for that it is ſo eaſie to know, I hold Examples irrequiſite.

Now by helpe of the new Moones, Fulls, & quarters here noted for the yeares 1616 and 1617, may you come to the knowledge of the ☽ place for every day, at the time of the new Moone, ſhe is in one and the ſame degree with the Sun, at the Full Moone in the oppoſite degree, & ſigne viz. in the 6. ſigne from the Sun, and at the firſt quarter 3. ſignes in conſequence from the Sun, and the laſt quarter 3. ſignes from the Sun in precedence. So that at the time of any of theſe Aſpects, her place may readily be had, for that the place of the

place of the Sun at the time of such aspects being knowne, which may easily be done, for that the Suns entrance into every signe is noted in each moneth in the Almanacke, after which time of entrance, reckoning a degree for every day after, you shall haue the degree the one is in vppon any day, which is being found vpon the time of any aspect of the moon noted, then if the ☽ bee in coniunction, feant at her change, then is she in the same degree and signe with the Sunne. If in opposition or at the full, then in the opposite degree & signe if at the quarters then in the same degree of the third signe from the Sun in precedence or consequence, as before is noted: for example the 27 of January 1617 there happeneth a new Moone at 1. of the clocke after noone, by which I desire to know her place, finding therefore the place of the Sun at the same time, by reckoning so many degrees as passed from his entrance into the signe of Aquarius,, noted that moneth to be vpon the tenth day of January to the 27. day being 17 daies. I say the Sunne is in the 17. degree of Aquarius: And being new Moone, that she is also in the same degree and signe, viz. the 17 degree of Aquarius at the time of her change. Likewise the full Moone happening the 11. day of January at 6. of the clocke after noone, finding the place of the Sun to be in the 1. degree of Aquarius, for that hee is noted to enter thereinto but the day before. I therefore conclude the Moone to be in the 1. degree of Leo the opposite, or 6. signe from Aquarius at the time of the full Moone, feant at 6. of the clocke after noone. Now the last quarter happening the 17. day at 7. of the clocke at night, finding the place of the Sun in manner aforesaid to be in the 7. degree of ♒ for that it is the 7. day from entrance into Aquarius: I conclude that the place of the ☽ is then in the seauenth degree of Scorpio, the third signe from the Sunne in precedence. By the like method may I find the place of the Sun, the time of the first quarter. But if you would know the Moones place for any other time the same day, before or after the times of the aspects, reckoning for every 2. howres 1. degree, you shall haue the place of the Moone without any great difference from the truth, which being thus had vpon the day of such aspects by reckoning 13 degrees for every day before or after, you may come neare to the knowledge of her place in the Zodiacke. For Example, hauing found the place of the full Moone, happening the 11. day of January at 6. of the clocke to be then in the 1. degree of Leo, to know her place at high noone, for the 6. howres

it

it happeneth after I reckoned 3. degrees, which taken from the 1. degree of Leo, bringeth me to the 28. degree of ♋ which is the place of the Moone at high noone the same day, to which adding 13. degrees produceth the 11. degree of Leo, to be the place of the moone the xii. day of January, which for that it is easie enough by these examples, I thus surcease: whereby you see how you may haue the place of the Moone for any day of the Moneth indifferent neare the truth, far more neare then by the rules of the Epact, and such like.

To know when the Moone will be South for any day of the yeare.

The ☽ age.		Her comming to South.	
1	16	12	48
2	17	1	36
3	18	2	24
4	19	3	12
5	20	4	0
6	21	4	48
7	22	5	36
8	23	6	24
9	24	7	12
10	25	8	0
11	26	8	48
12	27	9	36
13	28	10	24
14	29	11	12
15	30	12	0

FInd her age, that is how many dayes she is passed from ỳ chang to the day required, with which enter this table in the Collome vnder the Title of the age of the Moone, where hauing found the dates of her age right against in the Collume vnder the title of her comming south, that you haue the houre and minute of her being South: For example, v. day of Januarie she is xvi. d. old, (for at the full which happened the day before she is alwaies xv. dates old) which found in this Table in the Collome vnder the Title of the age of the Moone right against it in the Collome vnder the Title her comming South you shall find 12. and 48. minutes, which is the time of her being South, which is to be reckoned after midnight: for after her full, ta the change she alwaies commeth South from after midnight to noone tide. But after the change after noone-tide, to midnight.

To know the Moones rising and setting, and shining.

HAuing found her being South, by the Table, aforegoing repaire to the 5. collome of the Kalender, where I haue noted

noted the semidiurnall Arch or halfe length of the day, and there finding the laid halfe length of the day against such figures and degree of the Sunne, as the Moone is in at your time giuen, you shall haue also her semidiurnall arch or halfe quantity of her abode aboue our Horizon, which taken from the time of her comming South, before found, you shall haue the time of her rising: and if you adde the said halfe quantity of her abode so found, to her comming South, you shall produce the time of her setting. And if you double it you shall haue the time of her abode aboue our Horizon. For Example the said 5. day of January she is found to come south at 12. of the clocke 48. minutes in the morning, at which time by the Kalender she is found to be in the 25 degree of Cancer: (for at noone shee is in the 1 of Leo, from which taken 6 degrees for 12 houres, as is before shewed, you shal haue the 25 of Cancer,) finding out therefore when the Sunne will be in the 25 degree of Cancer by the rules afore going: I find that it will be vpon the 8 day of July, right against which in the 5 collome I find the said semidiurnall arch, or halfe quantitie of the day to be 7 howres 57 minutes, which is also the halfe quantity of the time of the moones being aboue our Horizon, which taken from her comming South sheweth her rising to be at 4 of the clocke and 52 minutes the afternoone before and by adding 7 howres 57 minutes to the said 12 howres and 48 minutes her being South, produceth 8 of the clocke and 55 minutes the same morning for her setting, which 7 howres 57 minutes doubled giueth 15 howres, 54 minutes, the time of her abode aboue the Horizon, for her shining, and her setting, as before and the Suns set which is noted in the Kalender in the 5 colome, then by taking the time of the Sun set from hers leaueth her shining during the increase, in her decrease by taking her rising from the Suns. Example, the said 5 day in regard she is in her decreake, I take her rising which is at 4 of the clocke and 52 minutes after noone from the Suns rising the next morning, which is at 7 of the clock 57 minuts, and the distance of time betweene viz. 15 houres 54 minutes is the time of her change.

To know the houre of the night by the Moone.

HAuing found as before at what time the Moone commeth South, looke in a Sundiall, what of the clocke the shadow of the moone pointeth at, noting what it wants or is past 12 of the clocke in the dyall, for the true howre of the night

night, want or is past so much of her being south: for Example the. 5. day of January, the Moone is South at. 12. of the Clocke 48. Minuts, then looking at night in a Sundiall, and finding the shadow. at 3. houres after. 12. I conclude that it is. 3. houres past. 12. and. 48. Minuts: And therefore that it is 3. of the Clocke. and 48. minutes.

A breife Table shewing the times of tyde or full Sea in all the Principall Havens in *England*.

	H.	M.
Dunibord. Southampton. Portsmouth. Wellins. I Land. the Spits, the Sleeue along the swyne.	00	00.
Redban. Aberden. West end of the Nore.	00	45.
Graues end, Downs, Tenet, Rommy Ramkins.	1	30.
Dundee, St. Androws, Lisbon, Silly, St. Lucas.	2	15.
Londō, Timmouth, Hartlepoole, Galco, Buscay Portugal	3.	
Barwick, Ost end, Fount, Blankenbor.	3	45.
Frith, Leith, Dunbar, Narbon.	4	30.
Falmot, Garnsee, Seuerne, Mi, Garnsy, Tissby.	5.	15.
Toy, Lin, Humber, Weym, Dertmo, Anttwerp.	6.	0.
Bristoll, Lamon, Plummouth	6.	45.
Milford, Bridgwater.	7.	30.
Portland, Peterport, Harflu: the Hagge	8.	15.
Orkenpoole, Orwell, Embden,	9.	0.
Deepe, Casket, Lux. Lenoys.	9.	45.
Bolem. Doner. Harwish, Yarmo.	10.	30.
Calice Calso, Rye, Winchelser.	11	15.

Adding the Houres adioyning to the Ports in this Table contayned vnto the Moones cōming South, produceth the time of the tyde in the same Ports.

A Table shewing the beginning, continuance, and ending of the Raigne of the Kings of England, since the Conquest, as also how longie is since.

The Kings names.	& yeere M. day since they began their R.	ỳ time they R. in years. M. da.	since their R.
William Con:	1066 October 14	20 y. 11 m. 14 d.	599
W: Rufus:	1087 Septem. 9	12 y. 11 m. 17 d.	528
Henry I	1100 August 1	35 y. 4 m. 11 d.	555
Stephen:	1135 December 2	18 y. 11 m. 18 d.	480
Henry 2	1154 October 25	34 y. 9 m. 1 day	461
Richard I	1189 July 6	9 y. 3 moneths	426
Iohn	1199 Aprill 6	17 y. 17 weekes	416
Henry 3	1216 October 19	56 y. 1 monech	399
Edward 1	1272 Nouem. 16	34 y. 9 m. 9 daies	343
Edward 2	1037 July 7	19 y. 7 m. 5 daies	308
Edward 3	1326 Janu. 25	50 y. 5 m. 7 dayes	288
Richard 2	1377 June 21	22 y. 3 m. 14 daies	238
Henry 4	1399 Sep. 29	13 y. 6 m. 3 daies	216
Henry 5	1412 March 20	9 y. 5 m. 24 d.	202
Henry 6	1422 August 31	38 y. 6 m. 8 daies	193
Edward 4	1460 March 4	22 y. 5 m. 1 da.	154
Edward 5	1483 April 9	2 m. 18 d.	132
Richard. 3	1483 Januarie 22	2 y. 8 m. 5 daies	132
Henry 7	1485 August 22	23 y. 10 m. 2 da.	124
Henry 8	1509 Aprill 22	37 y. 10 m. 2 da.	106
Edward 6	1546 Januarie 28	6 y. 5 m. 19 da.	68
Mary	1553 July 6	5 y. 4 m. 25 da.	62
Elizabeth	1558 Nouember 17	44 y. 4 mo. 15 d.	57
K, Iames.	1602 March 24	After writing 13 yeares.	

The

The Explication and vse of the former Table.

The Table consisteth of 4 Columnes, whereof the first containeth the names of the Kings of England, the second the yeares moneths and dayes when they began their Raigne: the third, the yeares moneths and dayes they raigned, the fourth and last containeth the yeeres since the said Kings began their Raigne, which is alwaies the end of the Raigne of the King next before.

The question that their may be made concerning this Table is, either where the yeare of our Lord is giuen, and the kings Raigne required, or else the yeare of the kings raigne giuen, and the yeare of our Lord sought: or else how many yeares it is since the said yeare of our Lord, or the kings Raigne propounded. The first is readily resolued, for taking your yeare giuen from the next greater number of yeares of our Lord, when a king began his Raigne. The remaine sheweth the number of the yeares of the Kings Raigne: againe for the second question, substracting the yeare of the kings Raigne giuen from the yeare of our Lord, when he began his Raigne, if the moneth of your question be also after the moneth of the beginning of such kings Raigne, and 25 of March following, or else by substracting a yeare lesse, you shall haue in the remaine the yeare of our Lord desired, for the other two questions they are answered by subducting your yeare of our Lord giuen from the yeare of our Lord answering to such Kings Raigne: or else by finding to what yeare of our Lord, such yeare of the king answereth. And then substracting your yeare from the yeares of our Lord so found, answering to the said yeare of the king, and so you shall arriue to the time since, or else by subducing the yeares of the kings raigne giuen from the yeares (noted in the last Colume of this Table) of the beginning of such kings Raigne: So that by these directions the vse of this Table cannot be but very easie and commodious for resoluing of all questions of the dates of deeds, leases, or Charters, dated in any Kings Raigne since the Conquest.

Of the Eclipses.

There will not happen any Eclipse visible within our Horizon this yeare.

Of

Of the foure Quarters of the yeare, and first of Winter.

WInter quarter began the last yeare the 11 day of December at 7 of the clocke 53 minutes, the Sun being then arrived to his greatest South obliquation being now 23 degrees, 31 minutes causing thereby the shortest day, and being mounted but 15 degrees vpon the Meridian, produceth little heate, whereby the yeare is come to his exhausted age, when all things are dead, consuming Dame Floraes bounty conferred in the prime of the yeare, for predictions they are excepted so triuiall of the vulgar, that this Pamphlet, (how probable elle soeuer they seeme to the learned) will blush to deliuer any, vnlesse to the learned.

Of the Spring.

THis being the Reuolution of the yeare, beginneth this yeare at Sol entring into Aries being the 10. of March, the 8. howre and 40 minutes, when as Sol scited in the Equinoctiall pointe, causeth equall daies and nights throughout the world when it is at noone eleuated 38 degrees 27 minutes in his almous Rayes, alluring forth the Treasure of Dame Ops to enmantle her in her richest robe of Greene.

Of Summer.

SUmmer beginning at Sols entring into Cancer being then at the highest pitch of his Elevation in our Horizon, &c. 62 degrees and 4 minutes by his greatest Arch of sunshine, causing the longest day and shortest night in the yeare, whose Rayes falling now most perpendicularly vpon the surface of our Horizon becommeth the more thicke, producing the greatest haate. Ingemmata enim Luce producit Calorem.

Of Autumne.

AUtumne beginneth the 12 day of September at 11 of the cloche and 44. minutes, the daies then againe being equal throughout the world, when by his nutritiue warmth Sol allureth the Earth after her disburthening of her Summer fruits to a second Spring.

Of Yeares, Moneths, Weekes, and dayes.

A Peare is Poeticall viz. limited by the Cosmicall, Acronicall, &c. rising of some notable fixed starre, or Astronomicall according to the course of the Sun or Moone in the Zodiacke: this againe is Solar or Lunar, the Solar also is Tro-

Tropicall or Sidereall Tropicall, is the time wherin the one in her proper course revolueth himselfe through the Zodiack to the same Tropicall point & containeth 365 daies 5. houres and 49 minutes all night. The Sydereall is the time wherein by his course hee arriueth to the same fixed starre from whence he departed, and containeth 365 daies 6 howres and 43 minutes. The yeare Lunar is also common, or Embolismall. Common consisting of 354, Embolismall of 354 daies the first being lesse then the other yeare by two dayes, which is called the Epact, the other exceeding the Solar yeare 19. daies which causeth that the Lunar yeare every third yeare haue 13 new Moones. Monnths are also solar vsuall and Lunar the Solar is the space that the Sunne continueth in one signe, and is meane or equated. The vsuall is the space of 30 or 31 dayes, whereby Iulius Cæsar by the helpe of Sosigines deuided the yeare into 12 parts or monethes, constituting the leape yeares, and other necessarie distinctions and limits of yeares. Lunar is fourefold set of Peragration, Apparition, Medicinall, and Consecution, Peragration being 27 dayes, and 7 howres &c. in which time she passeth through the Zodiacke, Apparition the time of 4. weekes, Medicinall of 26. daies, and Consecution, being the time wherein shee ouertaketh the Sun after her departure from him being 29 daies one halfe. A weeke is the space of 7 dayes. A day is Naturall or Artificiall: Naturall of 24 howres, Artificiall from Sun rise to sun-set, an howre containeth 60 minutes, a Minute 60 seconds.

Astronomicall Elections touching administration of Phisicke.

CUt not any Vaine the Moone being in the signe governing the part to bee Phebotomized, neither when that or the Sunne is afflicted by the malignants ♄ or ♂.

But

But the Moone or Sun happily aspected by the benefficent ♃ and ♀ seited in a good place of the heauen, in the moone after Sun rise fasting, or after noone, after perfect digestion, the ayre temperate.

For the { Flegmatique / Melancholick / Choloricke / Sanguine } The ☽ in { ♈ or ♑. / ♎ or ♒. / ♋ or ♉. } either of these.

Againe, youth from ♂ to the □ middle age, to the ☌ Elder age to the last, □ and old age to the ♂ : againe, in Spring or Haruest the ☽ being not in ♉ ♊ ♌ ♍ ♑ neither neere the ☌ or ☍ by a day nor □ by 12 howres, neither sleeping presently, stirring violently, nor vsing Venery presently after it. But note in cases of necessity these rules are not so strictly obserued.

Prepare humors / Vomit / Purge by neesing / Take Glisters / Gargarize; / Stop Rhumes and flixe / Bath / Purge w Elect pils, or potions } ☽ being in { ♊ ♎ or ♒ / ♈ ♉ or ♑ / ♋ ♌ or ♍ / ♈ ♑ or ♍ / ♉ ♈ / ♍ ♎ or ♑ / ♈ ♎ or ♐ / ♋ ♍ or ♑

Comfort the vertues attractiue ☽ being in ♈ or ♐ digestiue in ♊ or ♎ retentiue ♉ in or ♍ expulsiue in ♋ and ♓ Plant ☽ increasing in ♉ or ♍ sell timber Moone decreasing from June to Januarie Fell Coppice in the □. cut vines in February or March geld, ☽ being in ♈ ♐ or ♑, remoue Trees the last □ the Moone increasing, sheare sheepe and cut hayre the Moone decreasing.

The

The Geographicall descriptiõ of *waies from one notable Towne to another*, ouer all England, and thereby how to trauell from any of them to the Citty of *London*, set forth after a new order, by *A. H.*

NOte that the figures in the rowes vnder this marke * is the distance of that towne they stand against, from London, or from the towne you are directed vnto.

From Yorke to London 150 miles.

From Yorke we first to Tadcaster which is 8 miles.

		miles	*
Thence to	Wentbridge	12	130
	Doncaster	7	123
	Turkford	18	105
	Newmarket	10	95
	Grantham	10	85
	Stanford	16	69
Thence to	Stilton	12	57
	Huntington	9	48
	Royston	15	33
	Ware	13	20
	Waltham	8	12
	London	12	

From Norwich to London 86 miles.

From Norwich go first vnto Windam, which is 5 miles.

		miles	*
Thence to	Aclebrough	5	76
	Thetford	10	66
	Ickingham sands	6	60
	Newmarket	10	50
	Whitford bridge	10	40
Thence to	Barkeway	10	30
	Puckeridge	5	25
	Ware	5	20
	Waltham	8	12
	London	12	

From

From Yarmouth to Colchester, and so to *London*, 92 miles.

From Yarmouth goe first to Lestiffe, 6 miles,

		miles	*
thence to	Bittsbur	10	76
	Snay-bridge	8	68
	Wood-bridge	6	62
	Ipswitch	7	55
	Colchester	12	43

		miles	*
thence to	Relaston	8	35
	Chelmisford	10	25
	Brent-wood	10	15
	London	15	

From Walsingham to London, 82 miles

From Walsingham to Pickham, 12 miles, thence

		miles	*
to	Brandonferry	10	60
	Newmarket	10	50
	Whitford bridge	10	40

to London, as in Norwich way.

From Cockermouth to Lancaster, and so to London, 223 miles.

First goe from Cockermouth to Kilwike 6. miles,

		miles	*
thence to	Grocener	8	217
	Kendall	14	203
	Burton	7	195
	Lancaster	8	188
	Preston	20	168
	Wigan	14	154
	Warinton	12	142
	New-castle	20	122
	Litchfield	20	104
	Coleshill	12	90

		miles	*
thence to	Coventry	8	82
	Dcuentry	14	74
	Toceiter	10	60
	Stonistratford	6	50
	Brickhill	7	44
	Dunstable	7	30
	S. Albons	10	20
	Barnet	10	10
	London	10	

From

From Shrewesbury to Couentry, and so to London, 126 miles.

From Shrewesbury goe to Watlingstreete 7 miles,

		miles	*			miles	*
thence to	Sheknall	5	114	thence to	Meriden	10	85
	Banningall	3	111		Couentry	4	81
	Woluerhampton	5	106		London as in La-		
	Bremicham	20	96		caster-way.		

From Cambridge to London, 44 miles.

First goe to Royston from Cambridge, 10 miles, thence

		miles	*			miles	*
to	Barke-way	4	30	to	Waltham	8	12
	Buckeridge	5	25		London	12	
	Ware	5	20				

From Oxford to London, 47. miles.

From Oxford goe to Whatley-bridge, 5 miles, thence

		miles	*			miles	*
to	Tettworth	5	37	to	Beconsfield	5	12
	Staken-church	5	32		Vxbridge	7	15
	Wickam	5	27		London	15	

From Ludlow to worcester, and so to London, 106 miles.

From Ludlow goe to Tenbury, which is 5 miles.

		miles	*			miles	*
thence to	Worcester	16	85	thence to	Wickam	20	27
	Tuksham	12	73		Beconsfield	5	22
	Chippingnorton	14	59		Vxbridge	7	15
	Key	12	47		London	15	

From Carmarthen to London.

Goe first to Laundurery, which is 29 miles, then

		miles	*			miles	*
to	Welth	14	135	&	London, as in Ludlow way.		
	Preston	12	123				
	Worcester	26	97				

From S. Dauids to Hereford and Glocester, and so to London. 210 miles.

From S. Dauids go to Arfoyd, 12 miles.

		miles	*			miles	*
thence to	Carmarthen	24	174	thence to	Farington	10	56
	Newton	12	162		Abington	10	46
	Lanbury	10	152		Dorcester	5	41
	Brecknocke	16	136		Wenley	12	29
	Hay	10	126		Maidenhead	7	22
	Hereford	14	112		Colebrooke	7	15
	Rosse	19	93		Hunslow	5	10
	Glocester	12	81		London	10	
	Cicester	15	66				

From Carnaruan to Chester, and so to London, 207 miles.

Go first vnto Conaway, which is 24 miles.

		miles	*			miles	*
thence to	Denbigh	11	162	hence to	Lichfield	18	108
	Flint	12	160		Tolehill	12	90
	Thelley	10	150		Country	8	82
	Wich	15	135		London, as in Cockermouth way.		
	Stone	15	120				

From Bristow to London, 97 miles.

First go to Marckall which is 10 miles.

		miles	*			miles	*
thence to	Chipnam	16	77	thence to	Reading	15	38
	Marleborow	15	62		Maidenhead	10	22
	Hungerford	8	54		Colebrooke	7	15
	Newbery	7	47		London	15	

From

From Exceter to London, 138 miles.

Go first vnto Honiton which is 12 miles.

		miles	*
thence to	Chard	10	116
	Crookehorne	6	110
	Sherborne	10	100
	Shaftesbury	12	88
	Salisbury	18	70
	Andeuer	15	55

		miles	*
thence to	Basingstoke	16	39
	Hartherow	8	31
	Bagshot	8	23
	Staines	8	15
	London	15	

From Douer to London 55 miles.

First go vnto Canterbury which is 12 miles, thence

		miles	*
to	Sittingborne	12	32
	Rochester	8	23
	Graueseud	5	18

		miles	*
to	Dartford	6	12
	London	12	

From Rye to London 48 miles

First go to Plumwell which is 15 miles, thence

		miles	*
to	Tunbridge	11	23
	Cheyslow	7	15

		miles
to	London	15

From Southampton to London 64 miles.

Go first vnto Twiford which is 8 miles, thence

		miles	*
to	Alford	8	48
	Alton	7	41
	Farnam	7	34
	Gilford	9	25

		miles	*
to	Rippley	5	20
	Cobham	5	15
	Kingston	5	10
	London	10	

From Chichester to London, 50 miles.

Go first to Midhurst, which is 7 miles, thence

		miles	*
to	Chiddingfold	10	33
	Gilford	8	25
	Rippley	5	20

		miles	*
to	Cobham	5	15
	Kingston	5	10
	London	10	

From Couentry to Oxford 44 miles.

First goe vnto Southam, 14 miles, thence

		miles	*			miles
to	Banbury	10	24	to	Oxford	6
	Woodstocke	14	6			

From Couentry to Cambridge, 46 miles

Go first to Dunchurch, which is 8 miles, thence

		miles	*			miles	*
to	Northampton	10	28	to	S. Eedes	8	10
	Higham-ferries	10	18		Cambridge	10	

From Bristow to Oxford, 48 miles.

Go first vnto Sadbury, 10 miles, thence

		miles	*			miles	*
to	Cicester	12	26	to	Oxford	12	
	Farringdon	14	12				

From Bristow to Shrewsbury, 70 miles.

First go to Awre, which is 8 miles, thence

		miles	*			miles	*
to	Munmouth	10	52	to	Ludlow	8	20
	Hereford	12	40		Shrewsbury	20	
	Lempster	12	28				

There is another way to go to Shrewsbury from Bristow, as to Glocester, Tewkesbury, Worcester, and Bridgnorth, &c. but it is 17 miles further, and then you passe no ferry.

From Yorke to Shrewsbury, 105 miles.

Go first to Wetherby, which is 7 miles,

		miles	*			miles	*
thence to	Otley	13	83	thence to	Norwich	16	36
	Bradford	6	77		Beeston-wood	9	26
	Halifax	6	71		Whitchurch	10	16
	Blackston-edge	6	65		Price	4	12
	Roch-dale	6	59		Shrewsbury	12	
	Manchester		51			8	

From

From Barwicke to Yorke, 108 miles.

Go first to Belford, which is 12 miles.

		miles	*			miles	*
thence to	Anwicke	12	84	thence to	Darington	14	34
	Morpit	12	72		Northalerton	10	24
	Newcastle	12	60		Topcliffe	7	17
	Durham	12	48		Yorke	17	

FINIS.